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#### September 16, 2022

It has been a good start to the school year. The teachers have reported that students have been able to adjust quickly and turn their focus to the learning at-hand. A credit to both students and staff. Part of that great start could be attributed to programs that have been used before but that we placed a greater emphasis on (see descriptions below). They include Zones of Regulation, Character Strong and common area rules. Another piece is the energy and commitment of Sevastopol's teachers – evident in the start of the year video (if you didn't already see it): https://tinyurl.com/yfrp98kf

#### **Upcoming Events / Dates to Remember:**

Friday, September 23 – Fire Safety/Preparedness Presentations Monday, September 26 – Start of Homecoming Week Wednesday, September 28 – 5<sup>th</sup> Graders leave for Trees for Tomorrow Friday, September 30 – No classes – Teacher In-Service Day (5<sup>th</sup> Graders Return from their trip)

#### Other Notes



**Zones of Regulation:** This is a schoolwide program of understanding emotions. Students in the green zone are in a place emotionally that is best for learning. There are other zones that we all experience but learning to recognize those zones and when we are in them provide strategies for students (and staff too) to get back to a place (the green zone) where he/she can return to learning.



garacter, Character Strong: Our guidance counselor works with all classes weekly. This program is an extension of those lessons that the homeroom teachers incorporate into what they do daily. This reinforces the messages and helps kids see that the weekly guidance lessons are not in isolation but rather connected throughout the school.



Common Area Rules: We have some common language and expectations in some of our common areas including the hallways and playgrounds. Teachers have shared these rules and they are posted in the common areas.



Temperature: It won't be long and the weather will begin to change. As much as possible we want to get students outside to "burn off steam". With it being fall some days start out cold and warm up as they progress. Please consider having your child(ren) wear layers that can accommodate these changes. It also won't be long before the weather changes permanently to being consistently cold. Please be ahead of the game by getting your child their winter gear – boots, gloves, snow pants, jacket, and hat.



Bus Change Requests – If you plan to make a request to change the bus plan on a given day please do so before 12:00. There are several people that need to be notified – office, bus, classroom teacher – and if we get the message prior to 12:00 we can make sure these people all receive notification. When it happens after that time it becomes more difficult to ensure that this happens and for this reason, we ask that you make those requests prior to 12:00. Please call the office.



Pick Up / Drop Off: A reminder to use the right lane (nearest the curb) if you are picking up elementary only students. If you also have middle school or high school students, please use the left side lane. Please also be mindful of your speed. We want all students to be safe, please drive cautiously when on school property – especially near the building.



**Attendance Reminder:** Families may excuse a student up to 10 days per school year per board policy Attendance and state attendance laws. Not included in that 10 days are appointments for seeing the doctor, dentist, etc. if a parent drops off a note from that care professional. Please be judicious about the days as they can add up quickly.



**Covid Guidelines:** This year, our covid guidelines are that if a person tests positive, he/she needs to remain home for 5 calendar days. The second 5 calendar days, he/she can return to school masked. Siblings or other family members will not be impacted by a positive family member. We recommend students who exhibit two or more symptoms be tested.



Packer Gear Days: If you want to mark your calendars, Packer Dress Up Days will be – Friday, 10/7, Thursday, 11/17 and Monday, 12/19.



Homecoming Dress Up Days: The elementary will get in the spirit of homecoming with some schoolwide activities and dress up days the week of September 26th.

Mon – Sept 26 – Favorite Sports Team

Tue – Sept 27 – Mismatch

Wed – Sept 28 – Crazy Hair

Thur – Sept 29 – Sevastopol Spirit Wear

Fri – Sept 30 – No students/ Teacher In-service Day



**Playground:** We are excited for the completion of the new playground area on the north side of the building (near the football field/track). The weather set the timetable back a bit, but it should be ready soon. The kids are excited for this to be completed as are we.



Fire Prevention / Safety: The Sturgeon Bay Fire Department will be presenting to all students on Friday, September 23. As a part of that, the attached checklist can be of benefit to develop plans and think about safety at home. You may want to wait until after the 23<sup>rd</sup> to complete it.

# STURGEON BAY FIRE DEPARTMENT HOME FIRE SAFETY CHECKLIST

#### DETECTORS

\_\_YES\_\_NO is there one smoke detector on each level of the home and inside and outside of each sleeping area? \_\_YES\_\_NO Are the batteries working in all your smoke detectors? ( An adult should help by pushing the test button to find out)

\_\_YES\_\_NO Smoke detectors are less than 10 years old?

\_\_YES\_\_NO Is there a Carbon Monoxide Detector on every level of your home? (especially near sleeping areas) \_\_ YES \_\_ NO ls your Carbon Monoxide
Detector less than 7 years old?

### ELECTRICAL SAFETY

\_\_YES\_\_NO Are kitchen appliances (coffee maker, microwave, toaster) plugged into separate outlet?

YES NO is the clothes lint filter and venting system cleaned regularly?





#### CANDLE SAFETY

\_\_YES\_\_NO Candies are in sturdy fire-proof containers that won't be tipped over?

\_\_YES\_\_NO All candles are extinguished before going to bed or leaving the room?

\_\_\_YES\_\_NO Children and Pets are NEVER left unattended with candles. (Matches and lighters should be out of reach of children)

#### COOKING SAFETY

\_\_YES\_\_NO Does a grown up always stay in the kitchen when food is cooking on the stove?

\_\_YES\_\_NO Are pot handles turned inward so they can't be bumped?

\_\_YES\_\_NO Are curtains, towels and other things that burn well away from the stove?

### HOME ESCAPE PLAN

YES\_NO Are all the exits in your home clear of toys furniture and clutter?

YES\_NO Do you have a family meeting place?

WHERE IS IT?

\_\_YES\_\_NO Do you know your Address?

\_\_YES\_\_NO Do you know your Phone Number?



# WHATS YOUR ESCAPE TIME?

Practice a Fire Drill with your family; remember to crawl low to the floor when escaping to avoid toxic smoke

NAME:
GRADE:
SCHOOL:
TEACHER:
PARENT NAME:
ADDRESS:

EMAIL:

PHONE #:

# STURGEON BAY FIRE DEPARTMENT lista de verificación de seguridad contra incendios

#### EL DETECTOR

Sí \_\_N0 hay un detector de humo en cada nivel de la casa y dentro y fuera de cada área de dormir? Sí\_No están las baterias trabajando en todos sus detectores de humo? (Un adulto debe ayudar pulsando el botón de prueba para averiguarlo)

Sí \_No los detectores de humo tienen menos de 10 años de edad? Sí No hay un detector de monóxido de carbono en todos los niveles de su hogar? (especialmente cerca de zonas para dormir)

\_\_ Sr \_\_ NO su detector de monáxido de carbono tiene menos de 7 años de edad?

## SEGURIDAD ELECTRICA

Sí NO se utilizan cables de extensión con seguridad? \* no debajo de alfombras o a través de puertas, no agrietado o deshilachado, apropiado para lo que está enchufado.

Si No están los aparatos de cocina (cafetera, microondas, tostadora) enchufados en un tomacorriente separado?

Sistema de ventilación se limpian regularmen-





## SEGURIDAD DE LA VELA

\_\_Si \_\_No las velas están en recipientes resistentes a prueba de fuego que no se volcarán?

Sí No todas las velas se apagan antes de ir a la cama o salir de la habitación? Sf \_No Los niños y las mascotas nunca quedan desatendidos con velas. (los fósforos y los alumbradores deben estar fuera del alcance de niños)

## SEGURIDAD DE COCCION

 Sí \_\_No un adulto siempre se queda en la cocina cuando la comida está cocinando en la estufa? \_\_Si\_\_No las agarraderas se han vuelto hacia adentro para que no puedan ser golpeadas?

\_\_ Si \_\_No las cortinas, las toalias y otras cosas que se queman bien lejos de la estufa?

#### PLAN DE ESCAPE DE

\_Si\_No están todas las salidas de su casa libre: de juguetes, muebles y desorden?

Sí\_No tiene un lugar de reunión familiar?

Dónde es ?

Sí No conoces tu dirección?

\_Si \_No sabes tu número de teléfono?



Cuái es su tiempo de escape ?

Practique un simulacro de incendio con su familia;

EL NOMBRE:	GRADO:	ESCUELA:	MAESTRO:	NOMBRE DEL PADRE:	DIRECCION:

CORREO EL ECTRONICO:

TELEFONO #: